

# SCHEDULE 2018-2019

## Studio A

## Studio C

### Monday

SARAH SIVITER

HAYLEY WILLIAMS

9:30am-10:30am  
3:30pm - 5:00pm  
5:00pm-6:30pm  
6:30pm-8:00pm  
8:00pm -9:00pm

YOGA - Rob  
Intermediate Ballet  
Senior Flow Ballet Co.  
Advanced 1 Ballet  
Adult Flamenco

3.30pm - 4.30pm  
4.30pm - 5.30pm  
5.30pm - 6.30pm  
6.30pm-7.30pm  
7.30pm-8.30pm  
8.30pm-9.30pm

6-8 Lyrical  
6-8 Acro  
9-13 Acro  
9-13 Jazz  
Teen Lyrical  
Strength & Conditioning 16+

### Tuesday

JULIE BRASH

HAYLEY WILLIAMS

3.30pm - 4.30pm  
4:30pm-5:30pm  
5:30pm-7:00pm  
7:00pm-8:30pm  
8:30pm-9:30pm

Grade 2 Ballet  
Grade 3 Ballet  
Inter. Foundation Ballet  
Intermediate Ballet  
Adult Ballet- Adv

3.30pm - 4.30pm  
4.30pm - 5.30pm  
5.30pm - 6.30pm  
6.30pm-7.30pm  
7.30pm-8.30pm  
8.30pm-9.30pm

Jr. Comp Lyrical  
Sr. Flow Contemporary Co.  
Sr. Flow Jazz Co.  
9-12 Lyrical  
Teen Jazz  
Teen Acro

### Wednesday

SARAH SIVITER

LEANNE KENNEDY

3.30pm - 4.30pm  
4.30pm - 5.30pm  
5.30pm - 6.30pm  
6.30pm-8.00pm

Beg. Ballet/Flamenco 9-13  
Jr. Flow Ballet Co.  
Grade 4 Ballet  
Inter Foundation Ballet

9:45am-10:45am  
3:30pm-4:30pm  
4.30pm - 5.30pm  
5.30pm - 6.30pm  
6.30pm-7.30pm  
7.30pm-8.30pm  
8.30pm - 9.30pm

BEG. MAT PILATES - Lori  
6-8 Jazz  
6-8 Hip Hop  
Tap Exp 10-15  
Beg Tap 9-13  
Adult Hip Hop - Beg/Int  
Adult Tap - Int/Adv

### Thursday

JULIE BRASH

LEANNE KENNEDY

3:30pm-4:30pm  
4:30pm-6:00pm  
6:00pm-7:00pm  
7:00-8:00pm

Grade 4 Ballet  
Advanced 1 Ballet  
Advanced 1 Ballet Pointe  
Adult Ballet 8 week session

3:45pm-4:30pm  
4.30pm - 5.30 pm  
5.30pm - 6.30pm  
6.30pm - 7.30pm  
7.30pm-8.30pm  
8.30pm-9.30pm

5-7 Stage  
8-10 Hip Hop  
Jr. Flow Hip Hop Co.  
Jr. Flow Jazz Co.  
11-14 Hip Hop  
Adult Jazz/Lyrical- Beg/Int

### Friday

LEANNE KENNEDY

3:30pm-4:30pm  
4:30pm-5:30pm  
5:30-6:30pm

Jr. Jazz Technique  
Sr. Jazz Technique  
Sr. Flow Lyrical Co.

### Saturday

JULIE BRASH

HAYLEY WILLIAMS

9.45am - 10.30 am  
10.30am - 11.15am  
11.15am - 12.00pm  
12.00pm - 1.00pm  
1.00pm - 2.00pm  
2.00pm - 3.00pm

Tiny Stars 3 + 4 yrs.  
PrePrimary Ballet 4.5 - 5 yrs  
Primary Ballet 5.5 - 6 yr  
Grade 1 Ballet 6.5 - 8 yrs  
Grade 2 Ballet 8 + yrs  
Grade 3 Ballet 9+yrs.

9:30am-10:15am  
10:15am-11:00am  
11:00am-12:00pm  
12:00pm-1:00pm  
1:00pm-2:00pm

Tiny Tumbling 3 - 5 yrs.  
5-7 Hip Hop - LEANNE  
Beg.7-9 Jazz  
9-13 Acro  
Beg.7-9 Lyrical