

SCHEDULE 2018-2019

Studio A

Studio C

Monday

SARAH SIVITER

HAYLEY WILLIAMS

3.30pm - 5.00pm
5.00pm - 6.30pm
6.30pm-8:00pm
8:00pm-9:00pm

Intermediate Ballet
Senior Flow Ballet Co.
Advanced 1 Ballet
Adult Flamenco

3.30pm - 4.30pm
4.30pm - 5.30pm
5.30pm - 6.30pm
6.30pm-7.30pm
7.30pm-8.30pm
8.30pm-9.30pm

6-8 Lyrical
6-8 Acro
9-13 Acro
9-13 Jazz
Teen Lyrical
Strength & Conditioning 16+

Tuesday

JULIE BRASH

HAYLEY WILLIAMS

3.30pm - 4.30pm
4:30pm-5:30pm
5:30pm-7:00pm
7:00pm-8:30pm
8:30pm-9:30pm

Grade 2 Ballet
Grade 3 Ballet
Inter. Foundation Ballet
Intermediate Ballet
Adult Ballet Adv.

3.30pm - 4.30pm
4.30pm - 5.30pm
5.30pm - 6.30pm
6.30pm-7.30pm
7.30pm-8.30pm
8.30pm-9.30pm

Jr. Comp Lyrical
Sr. Flow Contemporary Co.
Sr. Flow Jazz Co.
9-12 Lyrical
Teen Jazz
Teen Acro

Wednesday

SARAH SIVITER

LEANNE KENNEDY

3.30pm - 4.30pm
4.30pm - 5.30pm
5.30pm - 6.30pm
6.30pm-8.00pm
8:15pm-9:15pm

Beg. Ballet/Flamenco 9-13
Jr. Flow Ballet Co.
Grade 4 Ballet
Inter Foundation Ballet
Yoga

9:45am-10:45am
3:30pm-4:30pm
4.30pm - 5.30pm
5.30pm - 6.30pm
6.30pm-7.30pm
7.30pm-8.30pm
8.30pm - 9.30pm

Beginner Pilates
6-8 Jazz
6-8 Hip Hop
Tap Exp 10-15
Beg Tap 9-13
Adult Hip Hop
Adult Tap

Thursday

JULIE BRASH

LEANNE KENNEDY

3:30pm-4:30pm
4:30pm-6:00pm
6:00pm-7:00pm
7:00-8:00pm

Grade 4 Ballet
Advanced 1 Ballet
Advanced 1 Ballet Pointe
Adult Ballet 8 week session

3:45pm-4:30pm
4.30pm - 5.30 pm
5.30pm - 6.30pm
6.30pm - 7.30pm
7.30pm-8.30pm
8.30pm-9.30pm

5-7 Stage
8-10 Hip Hop
Jr. Flow Hip Hop Co.
Jr. Flow Jazz Co.
11-14 Hip Hop
Adult Jazz/Lyrical

Friday

LEANNE KENNEDY

3:30pm-4:30pm
4:30pm-5:30pm
5:30-6:30pm

Jr. Jazz Technique
Sr. Jazz Technique
Sr. Flow Lyrical Co.

Saturday

JULIE BRASH

HAYLEY WILLIAMS

9.45am - 10.30 am
10.30am - 11.15am
11.15am - 12.00pm
12.00pm - 1.00pm
1.00pm - 2.00pm
2.00pm - 3.00pm

Tiny Stars 3 + 4 yrs.
PrePrimary Ballet 4.5 - 5 yrs
Primary Ballet 5.5 - 6 yr
Grade 1 Ballet 6.5 - 8 yrs
Grade 2 Ballet 8 + yrs
Grade 3 Ballet 9+yrs.

9.45am - 10.30 am
10:15am-11:00am
11:00am-12:00pm
12:00pm-1:00pm
1:00pm-2:00pm

Tiny Tumbling 3 - 5 yrs.
5-7 Hip Hop - LEANNE
Beg.7-9 Jazz
Beg.10-12 Jazz
Beg.7-9 Lyrical